



## POOL & GYMNASIUM & FITNESS PROGRAMS

### 2007 FALL Schedule and Information

**All memberships are non –refundable and non-transferable!**

Schedules are subject to change.

Registrations are on a rolling basis and are good for one year from date of registration.

Sharing of Agency Door Codes is Grounds for Revoking Membership.

### Membership & Fees

#### Full Year Membership Levels

- Ⓢ Gold Level \$300 includes \$50 registration fee
- Ⓢ Silver Level \$50 registration fee / \$25 a month
- Ⓢ Bronze Level \$50 registration fee / \$5 per class pay only when you attend
- Ⓢ Senior Level \$250 includes \$50 registration fee
- Ⓢ [age 60 and up]

#### Family Swim Membership

- Ⓢ \$50 registration fee for adults and \$25 for children [\$5 per visit for each family]
- Ⓢ Non Member Fee is \$10 for adults and \$5 for children
- Ⓢ

#### Tiny Tot Swim

- Ⓢ \$50 registration fee for adults and \$25 for children [\$5 per visit for each family]
- Ⓢ Adult must accompany child in the water, age range of children who can participate infant through 4 yrs 9 months.

#### Children's Plunge

- Ⓢ Registered Member \$2.00
- Ⓢ Non-Member Fee \$5.00
- Ⓢ

#### Children's Lessons

- Ⓢ \$25 for registration annually
- Ⓢ \$60 per session

## Fall Swim Instruction

- Ⓢ Registration September 4<sup>th</sup>.to September14, 2007
- Ⓢ Classes 11 weeks September 17<sup>th</sup>. to December 8<sup>th</sup>. 2007

## Facility Pool and Gym Regulations

### Locker Rooms

- Ⓢ Private locks are allowed for day use only.
- Ⓢ Family/handicap access changing room areas are available on the Women's Locker Room side next to the Pool Office.
- Ⓢ During Family Swim, parents/guardians may enter either changing area to assist with young children and for supervision.
- Ⓢ Please dry off in the shower area to limit the amount of water on the locker room floors.
- Ⓢ Eating and drinking is not allowed in the pool area.
- Ⓢ Members must be fully dressed upon exiting the locker room areas.
- Ⓢ Brigham Center is not responsible for any items lost or stolen from the locker area or office.

### Pool Area

- Ⓢ Swimming is allowed only when a Certified Lifeguard is present.
- Ⓢ Massachusetts law requires that a cleansing shower be taken before entering the pool.
- Ⓢ Proper swimwear is required at all times. No jeans, cut-offs or shorts.
- Ⓢ Bathing caps must be worn by members with hair past their chin, regardless of gender.
- Ⓢ Non-toilet trained children must wear tightly fitting swim diapers, no regular diapers are allowed in the pool per the Health Department.
- Ⓢ No running, pushing or inappropriate behavior is allowed in the pool area.
- Ⓢ Children age 10 and under must be accompanied by an adult who is suited up and in the pool during family swim.
- Ⓢ Children age 11 and up are allowed to swim while parent is present on the bleachers during family swim.
- Ⓢ Diving is prohibited in the shallow end of the pool.
- Ⓢ Children must be proficient deep water swimmers to be in deep end of pool during children's plunge and must be accompanied by adult in deep end during family swim, regardless of swim proficiency. Lifeguard reserves the right to qualify a child as a deep water swimmer.
- Ⓢ Forward diving only in deep water, no front or back flips are allowed.
- Ⓢ Children are not allowed to play on ladders, pool steps or handicap lift.

- Ⓢ Adults are required to directly supervise their children while in the pool area. The lifeguards primary responsibility is for the overall supervision and safety of the pool area and all members in it, parents are responsible for behavior management.
- Ⓢ The lifeguard reserves the right to ask any swimmer to leave the pool for violation of rules and regulations stated here as well as any infraction they deem unsafe or inappropriate in the pool area. The lifeguards decision is final.
- Ⓢ Eating and drinking is not permitted in the pool area except for nursing/bottle feeding of infants.

### **Gymnasium**

- Ⓢ Proper dress and footwear is required for gym activities, members must have shirts on at all times while in the gym.
- Ⓢ Eating and drinking is not permitted in the gym. There is a drinking fountain outside the gym doors.
- Ⓢ Please treat any equipment as if it were your own.
- Ⓢ No spitting on gym floor or in drinking fountain, bathrooms are outside the gym in the hallway.
- Ⓢ No inappropriate or vulgar language is allowed in the Brigham Center facility at anytime, this includes in the gym during the adult basketball program.
- Ⓢ Brigham Center staff reserves the right to ask any gym member to leave the gym for violation of rules and regulations stated here as well as any infraction they deem unsafe or inappropriate in the gym area, locker rooms or Brigham Center facility common areas. The staff decision is final.